

# teambarefoot



## Now, even attitude is a team sport.

If you're one of those active souls that thrives off regular adventure and adrenalin-induced competition, we invite you to join Team BAREFOOT – the active lifestyle team of Grand Traverse Resort & Spa.

When you join Team BAREFOOT, you benefit from a community of other like-minded active athletes and will enjoy a feeling of great personal pride that comes from being part of a winning team. Of course, a little "SWAG" doesn't feel too bad either! Team members enjoy several exclusive perks, including:

- Team BAREFOOT performance short-sleeved shirt
- Team BAREFOOT water bottle
- Team BAREFOOT swim cap
- \$25 OFF accommodations at Grand Traverse Resort & Spa (certain restrictions apply)
- Discounts on Team BAREFOOT cycling and running jerseys made by Louis Garneau
- Access to exclusive Team BAREFOOT events and special offers

All that we ask in return as a team member is that you proudly promote Team BAREFOOT by using your official team gear while training or competing in races. We'd also love to see you share photos and videos of your adventures with others on the team!

To join Team BAREFOOT, please complete and email the following application to: [barefoot@gtresort.com](mailto:barefoot@gtresort.com). Or, fax to: 231-534-6304 ("ATTN: Team BAREFOOT"). We'll review your application and follow-up with you by phone or email within 5 days. Upon approval, we'll send you an Athlete Agreement for you to review and sign.

Thanks in advance for your interest in joining Team BAREFOOT. Stay healthy! Stay active!

Steve Timmer, Team BAREFOOT  
Grand Traverse Resort & Spa



### Tell us about yourself...

Yes! I am interested in joining Team BAREFOOT – the active lifestyle team of Grand Traverse Resort & Spa. To begin the application process, email this completed form to [barefoot@gtresort.com](mailto:barefoot@gtresort.com) or fax to: 231-534-6304.

Please print clearly.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_ Postal/Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Gender: Male / Female

Shirt Size: \_\_\_\_\_

- What activities do you regularly enjoy? Check as many as apply.
  - Paddling (canoe/kayak)
  - Running
  - Cycling (road)
  - Mountain Biking
  - Swimming
  - Triathlons / Duathlons
  - Hiking
  - Cross Country Skiing
  - Other: \_\_\_\_\_
  
- Which ONE activity are you most passionate about and committed to? Check only one.
  - Paddling (canoe/kayak)
  - Running
  - Cycling (road)
  - Mountain Biking
  - Swimming
  - Triathlons / Duathlons
  - Hiking
  - Cross Country Skiing
  - Other \_\_\_\_\_



- How many races do you compete in on average each year?
  - I don't currently compete in any races
  - 1-2 races per year
  - 3-5 race per year
  - 6 or more races per year
  
- List the names of any races that you've participated in during the last two years.
  
- Share any notable race achievements or highlights, including Top 3 finishes or awards won.
  
- How often do you visit Grand Traverse Resort & Spa each year? (can be for business, pleasure or as a Club Member)
  - I've never visited Grand Traverse Resort & Spa
  - 1-2 visits per year
  - 3-5 visits per year
  - 6 or more visits per year
  - Daily or Weekly (e.g. Club Member, employee, etc.)
  
- Are you a current Member of The Club at Grand Traverse Resort & Spa?
  - Yes
  - No
  
- Are you an employee of Grand Traverse Resort & Spa?
  - Yes
  - No
  
- Briefly tell us why you want to join Team BAREFOOT?