

# JUNIOR TENNIS SCHEDULE

## MONDAY

**BIG PAW-LITTLE PAW** 4:30pm-5:00pm \$40/Members, \$66/Non-members. Daily: \$10/Members, \$15/Non-members

**LEVEL 1: RED COURT TENNIS** 4:30pm-5:30pm • \$72/Members, \$132/Non-members • Daily: \$14/Members, \$24/Non-members

**LEVEL 2: ORANGE COURT TENNIS** 4:30pm-6pm • \$96/Members, \$156/ Non-members • Daily: \$18/Members, \$28/Non-members

**LEVEL 3: GREEN COURT TENNIS** 4:30pm-6pm • \$96/Members, \$156/ Non-members • Daily: \$18/Members, \$28/Non-members

**LEVEL 4** 4:30pm-6pm • \$96/Members, \$156/Non-members • Daily: \$18/Member, \$28/Non-members

**LEVEL 5** 4:30pm-6pm • \$96/Members, \$156/Non-members • Daily: \$18/Members, \$28/Non-members

**HIGH PERFORMANCE** 6:00pm-8:00pm. Contact George Lowe for pricing details.

## TUESDAY

**HIGH PERFORMANCE PATHWAY** 4:00pm-6pm • Options include 1, 2, 3 or 4 days a week, which would include Match Play on Fridays. Contact Lisa Seymour for various pricing information.

**HIGH PERFORMANCE** 4:00-6:00pm. Up to 5 days a week. Contact George Lowe for pricing.

## WEDNESDAY

**BIG PAW-LITTLE PAW** 4:30pm-5:00pm \$40/Members, \$66/Non-members. Daily: \$10/Members, \$15/Non-members

**LEVEL 1: RED COURT TENNIS** 4:30pm-5:30pm • \$72/ Members, \$132/Non-members • Daily: \$14/Members, \$24/Non-members

**LEVEL 2: ORANGE COURT TENNIS** 4:30pm-6pm • \$96/Members, \$156/Non-members • Daily: \$18/Members, \$28/Non-members

**LEVEL 3: GREEN COURT TENNIS** 4:30pm-6pm • \$96/Members, \$156/ Non-members • Daily: \$18/ Members, \$28/Non-members

**LEVEL 4** 4:30pm-6pm • \$96/Members, \$156/Non-members. Daily: \$18/Members, \$28/Non-members

**LEVEL 5:** 4:30-6:00PM \$96/Members, \$156/Non-members • Daily: \$18/Members, \$28/Non-members

**HIGH PERFORMANCE PATHWAY** 6:00-8:00PM. Contact Lisa Seymour for pricing.

**HIGH PERFORMANCE** 6:00-8:00PM. Contact George Lowe for pricing.

## THURSDAY

**HIGH PERFORMANCE PATHWAY** 4:00-6:00pm. Contact Lisa Seymour for pricing.

**HIGH PERFORMANCE** 4:00-6:00pm Contact George Lowe for pricing.

## FRIDAY

**HP AND HP PATHWAY MATCHPLAY** 4pm-6pm • Free for session registrants • Daily: \$25/Members, \$35/Non-members

## SATURDAY

**BIG PAW-LITTLE PAW** 10:30am-11:00am \$40/ Members, \$66/Non-members. Daily: \$10/Members, \$15/Non-members

**LEVEL 1: RED COURT TENNIS** 10:30am-11:30am • \$72/ Members, \$132/Non-members • Daily: \$14/Members, \$24/Non-members

**LEVEL 2: ORANGE COURT TENNIS** 10:30am-12pm • \$96/Members, \$156/Non-members • Daily: \$18/Members, \$28/Non-members

**LEVEL 3: GREEN COURT TENNIS** 10:30am-12pm • \$96/Members, \$156/Non-members • Daily: \$18/Members, \$28/Non-members



# TENNIS



THE CLUB

# JUNIOR TENNIS PROGRAMS

FALL/WINTER/SPRING

## JUNIOR TENNIS PROGRAMS

### **BIG PAW-LITTLE PAW**

Mondays and/or Wednesdays 4:30pm-5:00pm.  
Saturdays 10:30am-11:00am. Ages 2-3. Big Paws (parents) accompany their little paws (child) on an athletic journey with the focus on tennis, Athletic activities are set up based on the ABC's (agility, balance and coordination) where our tennis pro will guide you through each station. All equipment is provided.

### **LEVEL 1: RED COURT TENNIS**

Mondays and/or Wednesdays 4:30pm-5:30pm •  
Saturdays 10:30am-11:30am • Ages 4-6 • One hour of tennis followed up with pizza and swimming (optional: with adult supervision)  
*Shorter courts (36'), shorter racquets (23"), foam balls*

### **LEVEL 2: ORANGE COURT TENNIS**

Mondays and/or Wednesdays 4:30pm-6pm •  
Saturdays 10:30am-12pm • Ages 7-9 • A 9 and under "Transition" ball class • One and a half hours of tennis followed up with pizza and swimming (optional: with adult supervision)  
*60' court, 25" racquets, 50% compression ball*

### **LEVEL 3: GREEN COURT TENNIS**

Mondays and/or Wednesdays 4:30pm-6pm,  
Saturdays 10:30am-12pm • A 10 and under "Transition" ball class • Players are comfortable playing singles and doubles • Green ball using 75% compression, full court 1 1/2 hours of tennis followed up with pizza and swimming (optional: with adult supervision)

### **LEVEL 4**

Monday and/or Wednesdays 4:30pm-6pm • Ages 8-12 (more ability based) • Green and hard ball class • Class for players who have had some match play experience and understand most technical skills. Players should be striving to start playing matches a bit more competitively and start feeling comfortable with the basic singles and doubles tactics.

### **LEVEL 5**

Monday and/or Wednesdays 4:30pm-6pm • Ages 10-14 • Junior competitive class • Players encouraged to do two days of classes. Fun days and special events. Juniors should be comfortable with the basic strokes along with basic singles and doubles strategy.

### **High Performance Pathway**

Tuesdays & Thursdays 4:00pm-6pm, Wednesdays 6:00pm-8:00pm • Ages 12-17 • This class is designed for HS players, or appropriate ability level if younger, that are interested in HS tennis teams and maybe a tournament or travel match during the year (optional). Unlike the HP class (below), players are not expected to play tournaments on a regular basis, but should be willing to play in local tournaments when scheduled. All phases of the game will be covered including technique, tactics and strategy.

### **HIGH PERFORMANCE**

Tournament Player Class • Tuesdays & Thursdays 4pm-6pm • Mondays and Wednesdays 6:00pm-8:00pm Friday match play 4pm-6pm • Ages 10-17 • Class designed for tournament players who are serious about getting a ranking, playing HS tennis. All players MUST be approved by our Head Pro to play in this class. Players are expected to play in tournaments and travel matches. Contact George at 231-534-6776 for more info.

***Our staff of USPTA and USPTR certified teaching professionals are ready to assist you in choosing the right class for you. From the recreational tennis player to the tournament player, our staff will design a program that will best suit your goals. Call 231-534-6776, for more information.***

## PRIVATE LESSONS

1 Hour Private Lesson:  
\$65/Member • \$80/Non-member  
\$55/Junior Member • \$70/Junior Non-member

Lesson Series (5 one hour lessons):  
Junior Member \$225  
Junior Non-member \$300  
Adult Member \$275  
Adult Non-member \$350

Semi Private Lessons (2-4) people, please contact Lisa Seymour at 231-534-6786

## CUSTOM RACQUET STRINGING

We offer full service racquet stringing. Bring in your racquet and we will have it ready within 48 hours. Just drop your racquet off at the Health Club Desk, fill out the stringing tag and you are all set!

## JUNIOR TENNIS SESSION DATES

6-week Sessions

Fall 1: September 11 – October 22  
Fall 2: October 23 – December 3  
Winter 1: December 4 – January 28  
Winter 2: January 29 – March 10  
Spring 1: March 11 – April 28  
Spring 2: April 29 – June 9

