PRIVATE LESSONS/PRIVATE GROUPS

Adult Private Lessons

Cost: \$65/Members, \$80/Non-members

Adult Punchcard (5 lessons)

Cost: \$275/Members, \$350/Non-members

Adult Semi Private Lesson (2 players)

Cost: \$32.50/Members, \$40/Non-members

Adult 3 and Me

Cost: \$23/Members, \$33/Non-members

Adult 4 and Me

Cost: \$17/Members, \$27/Non-members

Adult 5+ and Me

Cost: \$12/Members, \$22/Non-members

*All private lesson pricing is for one hour.

ADULT TENNIS DRILL PUNCHCARDS

Save money and gain lexibility with our adult drill punchcards. Save on daily registration fees when you purchase a 12 pack of drills that are good for a whole year! No need to ind a sub or make up a drill that you've already paid for. Just come when you can! Registration prior to attending is still required when using punchcards. Register using your Club Automation account or call the Health Club Desk at 231-534-6770

Two Hour Adult Tennis Drill Punchcards

12 pack - \$300/member, \$445/Non-member

* Punchcards are good for a year from purchase date.

STRING & GRIP PRICING

WILSON

Luxilon 4G \$40 Luxilon Big Banger ALU Power \$40 Lux Savage \$39 NXT 16 and 17 Gauge \$36 Lux/NXT Hybrid \$39 Lux/Sensation Hybrid \$35 Lux/Syn Gut Hybrid \$33 Revolve Spin \$34 Sensation 16 gauge \$30 Synthetic Gut 16 gauge \$25

BRING YOUR OWN STRING \$15

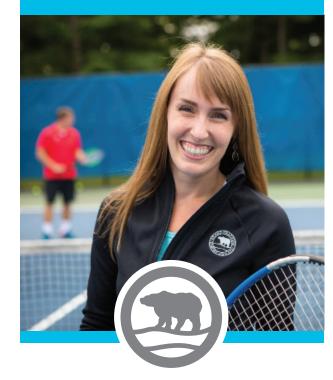
GRIPS

Replacement Grip \$8 Overgrip \$3

For more information stop by the Health Club Desk or call Lisa at 231-534-6786.



TENNIS



THE CLUB

ADULT TENNIS & PICKLEBALL

FALL/WINTER 2023

ADULT PROGRAMS

Two Hour Adult Tennis Drill

This drill is for men and women NTRP 3.0+. The pro(s) will organize drills designed to work on doubles technique, strategy and tactics. Players must be able to serve, rally and score.

Cardio Tennis

A cardio workout on a tennis court! No tennis experience needed. Run, hit, enjoy and get your heart pumping with our cardio tennis pro! This is not an instructional class.

Top Gun Doubles Tennis League

The league has a weekly sign up for men and women rated NTRP 3.5 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours. Registration includes a pre or post league beverage from the health club. You do not need a partner to play!

Open Pickleball Play

Open round robin style play organized by a Grand Traverse Resort and Spa Pickleball Pro. You do not need a partner. Players must know the rules of pickle-ball and be able to serve, rally and score.

Top Gun Pickleball League

The league has a weekly sign up for men and women rated NTRP 3.0 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours. Registration includes a pre or post league beverage from the health club. You do not need a partner to play!

ADULT TENNIS SCHEDULE

September 11 - December 23

MONDAY

9am-11am Two Hour Adult Tennis Drill \$30/members, \$40/resort or community guest

11am - 1pm Two Hour Open Pickleball Play \$8/members, \$18/resort or community guest (13 player capacity)

6pm-7pm One Hour Cardio Tennis \$10/members, \$20/resort or community guest

TUESDAY

9am - 11am Two Hour Open Pickleball Play \$8/members, \$18/resort or community guest (13 player capacity)

6pm-8pm Top Gun Pickleball League \$15/members, \$25/resort or community guest (includes beverage from the Health Club)

WEDNESDAY

9am-11am Two Hour Adult Tennis Drill \$30/members, \$40/resort or community guest

11am - 1pm Two Hour Open Pickleball Play \$8/Member, \$18/Guest

THURSDAY

9am-11am Two Hour Open Pickleball Play \$8/members, \$18/resort or community guest

6pm - 8pm Top Gun Doubles Tennis League \$15/members, \$25/resort or community guest

FRIDAY

9am-11am Two Hour Adult Tennis Drill \$30/members, \$40/resort or community guest

11am - 1pm Two Hour Open Pickleball Play \$8/members, \$18/resort or community guest

SATURDAY

9am-10:30am Cardio Tennis
\$15/members, \$25/resort or community guest

SUNDAY

9am-11am Two Hour Adult Tennis Drill \$30/members, \$40/resort or community guest

REGISTRATION

Members register online through your Club Automation account or call the Health Club Desk at 231-534-6770.

Resort and community guests, contact George to create your Club Automation account by calling 231-534-6776.

OR

Call the Health Club Desk to register with your credit card 231-534-6770.

*24-hour cancellation policy. Class fee charged in full for cancellations inside 24hours. Clinics must have 3 players, 24-hours ahead of time to run.