

PRIVATE LESSONS

Adult Private Lessons

\$65/Member, \$80/Non-member

Adult Punch Card (5 lessons)

\$275/Member, \$350/Non-member

can be used for private and semi private lessons only.

Lessons expire 365 days from the date of purchase.

Adult Semi Private Lesson (2 players)

\$32.50/Member, \$40/Non-member

Adult 3 and Me

\$23/Member, \$33/Non-member

Adult 4 and Me

\$17/Member, \$27/Non-member

Adult 5+ and Me

\$12/Member, \$22/Non-member

**All private lesson pricing is for one hour.*

2 HOUR TENNIS DRILL PUNCH CARDS

Save money and gain flexibility with our adult drill punch cards. Save on daily registration fees when you purchase a 12 pack of drills that are good for a whole year! No need to find a sub or make up a drill that you've already paid for. Just come when you can! Registration prior to attending is still required when using punch cards.

Two Hour Adult Tennis Drill Punch Cards

12 pack - \$300/member, \$445/resort or community guest

** Punch cards are good for a year from purchase date.*

STRING & GRIP PRICING

WILSON

Luxilon 4G \$40

Luxilon Big Banger ALU Power \$40

Lux Savage \$39

NXT 16 and 17 Gauge \$36

Lux/NXT Hybrid \$39

Lux/Sensation Hybrid \$35

Lux/Syn Gut Hybrid \$33

Revolve Spin \$34

Sensation 16 Gauge \$30

Synthetic Gut 16 Gauge \$25

BRING YOUR OWN STRING \$15

GRIPS

Replacement Grip \$8

Overgrip \$3

For more information stop by the Health Club Desk or call Lisa at 231-534-6786.

**NO
TRUER
NORTH**
GRAND TRAVERSE
RESORT AND SPA

grandtraverseresort.com

100 Grand Traverse Village Boulevard | Acme, MI 49610

Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians

PLAY

EVERY DAY, EVERY WAY.



SUMMER 2024

**ADULT TENNIS
AND PICKLEBALL**

ADULT PROGRAMS

Two Hour Adult Tennis Drill

This drill is for men and women NTRP 3.0+. The pro(s) will organize drills designed to work on doubles technique, strategy and tactics. Players must be able to serve, rally and score.

Cardio Tennis

A cardio workout on a tennis court! No tennis experience needed. Run, hit, enjoy and get your heart pumping with our cardio tennis pro! This is not an instructional class.

Live Ball Tennis Drill

Live Ball is a pro fed game that is doubles tennis without the serve. Drill includes a warm up followed by multiple variations of live ball. Players will earn points throughout the 1.5 hours and will be crowned "Live Ball Champs of the Week" at the end of play. Clinic must have 4 players to run (Offense/Defense style will be used) and has a 7 player maximum. Players rated NTRP 3.0 and above are welcome to register.

1.5 Hour Adult Advanced Tennis Drill

Fast paced, high level drill for our advanced adults, NTRP rated 4.0 and above. Competitive Drills and Games run by Head Pro Juan Guerra for 90 minutes!

Top Gun Tennis League

The league has a weekly sign up for men and women rated 3.5 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours. Registration includes a pre or post league beverage from the health club.

Top Gun Pickleball League

The league has a weekly sign up for men and women rated 3.5 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours. Registration includes a pre or post league beverage from the Health Club.

REGISTRATION

Members and Resort Guests may register online through your Club Automation account or call the Health Club Desk at 231-534-6770.

Community Guests are required to register using Club Automation, Scan the QR below or call 231-534-6770 to put a credit card on file. Resort and community guests, contact George to create your Club Automation account by calling 231-534-6776.

*24-hour cancellation policy. Class fee charged in full for cancellations inside 24-hours.

Clinics must have 3 players, 24-hours ahead of time to run.

SCAN



TO REGISTER



ADULT TENNIS SCHEDULE

JUNE 10 - SEPTEMBER 1

MONDAY

9:00am-11:00am | Two Hour Adult Tennis Drill | \$30/Member, \$40/Community or Resort Guest

6:00pm - 7:00pm | One Hour Cardio Tennis | \$10/Member, \$20/Community or Resort Guest

TUESDAY

10:00am - 11:30am | Live Ball Tennis Drill | \$15/Member, \$25/Community or Resort Guest

WEDNESDAY

6:00pm - 8:00pm | Top Gun Pickleball League | \$12/Member, \$22/Community or Resort Guest

THURSDAY

6:00pm - 8:00pm | Top Gun Tennis League | \$12/Member, \$22/Community or Resort Guest

FRIDAY

9:00am-11:00am | Two Hour Adult Tennis Drill | \$30/Member, \$40/Community or Resort Guest

11:00am - 12:30pm | 1.5 Hour Adult Advanced Drill NTRP 4.0+ | \$20/Member, \$30/Community or Resort Guest

SATURDAY

9:00am - 10:30am | Cardio Tennis | \$15/Member, \$25/Community or Resort Guest

SUNDAY

1:00pm - 3:00pm | Two Hour Adult Tennis Drill \$30/Member, \$40/Community or Resort Guest

Questions? Contact George Lowe at 231-534-6776 or george.lowe@gtresort.com