



Club Member Newsletter

Dear GTRS Club Members,

Summer is in full swing and we have something for everyone! Come enjoy all that your membership has to offer.

*Save the dates! Member cocktail party July 28 and annual Lobster Boil August 25. More information coming soon!

* An indoor basketball court is available to our members! Please note with tennis playing outdoors we are leaving the flooring down on the two-court side for a little while. Basketballs are provided. You must call 231-534-6770 to reserve the court. Cost is \$10 per person per hour.

*Our team of tennis professionals have curated fun filled summer programming. Click here to learn more:

<https://www.grandtraverseresort.com/pdf/2022%20Adult%20Tennis%20Brochure%20summer.pdf>

*Learn to Play Pickleball Clinic Wednesday, June 29 from 10am-11:30am. This is a fun, social, active sport for all ages! See below for more info.

*Need to perfect your game of golf? Join us at the Golf Academy:

<https://www.grandtraverseresort.com/golf/golf-academy>

*Looking to play golf on one of our three amazing courses? Book your tee time on-line:

<https://grandtraverse.ezlinksgolf.com/index.html#/search>

*Try one of our summer inspired packages or treatments at Spa Grand Traverse:

<https://www.grandtraverseresort.com/packages/#spa-deals>

*Head out to Governors Pool and enjoy the sun! Live entertainment on Saturday nights from 7pm-9pm: <https://www.grandtraverseresort.com/play/clubmembers/events>

*Looking to get in shape? Try one of our personal training sessions with Carla or attend one of the many fitness classes:
<https://www.grandtraverseresort.com/pdf/Fitness%20Brochure%20April%202028.pdf>

*Enjoy the breathtaking views while dining at Aerie:
<https://www.grandtraverseresort.com/dining/aerie-restaurant-lounge/>

Thank you for your continued support of the club!

Dawn Olsen
Director of Recreation and Spa

Guest Policy Reminder

Please review the Member House Rules in the attachment. Members must stop at the health club desk to pay for guests using Governors pool.

A guest must be accompanied by a member and registered at the health club desk or pro shop desk prior to enjoying the facilities or courses. A guest is entitled to visit the club five times per year. In the dining and social areas of the club, there are no restrictions as to number of guests a member invites, or how often they are invited. The daily guest fee is \$10 per adult 18 years or older. \$10 for first child and \$3 for each additional child 2 years or older. \$15 guest fee will be charged if your guest will be attending a fitness class. No more than five guest can visit at a time without talking to membership first. Guests that are 18 years or older must have their ID for verification. All unaccompanied guests of members must present a guest card when using the recreational facilities. Guest cards are in addition to applicable guest fees and playing fees. Members are responsible for all charges incurred by their guests.

Fitness Update:

- There will be no fitness classes on Sunday, July 3 or Monday, July 4. Classes will resume as regularly scheduled on Tuesday, July 5.
- Aqua Aerobics update- starting July 1st the 8am Aqua class will be held indoors and the 9am will be held outdoors at Governors outdoor pool- weather dependent
- New fitness equipment! Try our new Peloton bike or the Echelon Mirror with virtual fitness classes.

Tennis/Pickleball Updates:

Learn how to reserve your tennis court reservations on line: <https://youtu.be/XdyAToY5XTw>

FREE Pickleball Starter Clinic for Members

Who – Grand Traverse Resort and Spa Members

What – Learn to play pickleball clinic with our certified pickleball staff. We will teach you the strokes, rules, scoring and basic strategy so that you can join league play - all in 90 minutes!

When – 10am -11:30am, Wednesday, June 29

Where – Outdoor tennis/pickleball courts

Why – Learn how to play the fastest growing sport in the country, then join our 8-week league!

Contact: Lisa Seymour, 231-534-6786

Tennis/Pickleball Class Changes

Adult Drills Continuing:

- Tuesdays 6pm-8pm (George)
- Wednesdays 11am-12:30pm (George)
- **Thursdays 6pm – 8pm (Kyle)**
- Fridays 9am-10:30am (Kyle)
- Cardio Tennis Monday 5pm, Tuesday 9am, Wednesday 9am
- Saturday and Sunday 9am-10:30am

Adult Drills Discontinued (lack of participation):

- Monday Drill and Play 9am-11am
- Tuesday Drill and Play 10am-12pm
- Wednesday Sip and Serve Tennis 6pm-8pm

Pickleball Continuing:

- Monday "Pickleball with the Pros" 10am-11:30am
- Wednesday "Dink and Drink" 6pm-8pm

Pickleball Discontinued:

- Tuesday 1.5 Hour Drill
- Wednesday Drill and Play
- Thursday Drill and Play
- Friday Drill and Play