

PRIVATE LESSONS

Adult Private Lessons

\$65/Members, \$85/Guests

Adult Punch Card (5 lessons)

\$275/Members, \$375/Guests

Can be used for private and semi-private lessons only.

Lessons expire 180 days from the date of purchase.

Adult Semi-Private Lesson (2 players)

\$32.50/Members, \$42.50/Guests

Adult 3 and Me

\$23/Members, \$38/Guests

Adult 4 and Me

\$17/Members, \$32/Guests

Adult 5+ and Me

\$15/Members, \$30/Guests

**All private lesson pricing is for one hour.*

TENNIS DRILL PUNCH CARDS

Save money and gain flexibility with our adult drill punch cards. Save on daily registration fees when you purchase a 12 pack of drills that are good for 6 months. No need to find a sub or make up a drill that you've already paid for. Just come when you can! Registration prior to attending is still required when using punch cards.

2 Hour Adult Tennis Drill Punch Cards

12 pack - \$300/Members, \$540/Guests

1.5 Hour Adult Tennis Drill Punch Cards

12 pack - \$180/Members, \$420/Guests

**Punch cards are good for 180 days from purchase date.*

STRING & GRIP PRICING

WILSON

Luxilon 4G \$40

Luxilon Big Banger ALU Power \$40

Lux Savage \$39

NXT 16 and 17 Gauge \$36

Lux/NXT Hybrid \$39

Lux/Sensation Hybrid \$35

Lux/Syn Gut Hybrid \$33

Revolve Spin \$34

Sensation 16 Gauge \$30

Synthetic Gut 16 Gauge \$25

BRING YOUR OWN STRING \$20

GRIPS

Replacement Grip \$8

Overgrip \$3

For more information stop by the Health Club Desk or call Lisa at 231-534-6786.

**NO
TRUER
NORTH**
GRAND TRAVERSE
RESORT AND SPA

grandtraverseresort.com

100 Grand Traverse Village Boulevard | Acme, MI 49610

Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians

PLAY

EVERY DAY, EVERY WAY.



FALL 2025 | WINTER AND SPRING 2026

**ADULT TENNIS
AND PICKLEBALL**

ADULT TENNIS PROGRAMS

Cardio Tennis | 1.5 Hours

Heart pumping fitness with a tennis racquet in your hand. Great for all ages and ability levels! Cost: \$15/Members, \$35/Guests

Live Ball | 1.5 Hour Tennis Drill

Live Ball is a pro fed game that is doubles tennis without the serve. Players will earn points throughout the 1.5 hours and will be crowned "Live Ball Champs of the Week" at the end of play. Clinic must have 4 players to run (Offense/Defense style will be used) and has a 7-player maximum. Players rated NTRP 3.0 and above are welcome to register. Cost: \$15/Members, \$35/Guests

Adult Intermediate (Men and Women NTRP 3.0+) 1.5 Hours

Doubles drills with a focus on technique, positioning, shot selection and strategy. Open to all players 3.0 and above. Player to pro ration is 6:1. Pros feed drills and competitive games based on the number of players and courts available. Cost: \$20/Members, \$40/Guests (ask the desk how to save money with our 2 Hour Drill Packages)

Adult Advanced (Men NTRP 3.5+ and Women NTRP 4.0+) 2 hours

Coach Juan runs this hard hitting, fast paced, high level adult tennis drill for those 4.0+ players looking for a challenge. Pro to player ratio is 1:6. Cost: \$30/Members, \$50/Guests

Top Gun Doubles Tennis League | 2 Hours

The league has a weekly sign up for men NTRP 3.5+ and women NTRP 4.0+. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours.

Cost: \$15/Members, \$30/Guests

Pickleball

Open Play Mid October through Early May. Contact George Lowe for dates and times.

- Open Play DUPR 2.5+
- Open Play DUPR 3.0+
- Open Play DUPR 3.5+
- Open Play DUPR 4.0+

Cost: \$8/Members, \$28/Guests

Create your DUPR account online at www.dupr.com

Scan the QR code to Join the Grand Traverse Resort and Spa DUPR Digital Club.



Adult Intermediate Pickleball Drill | 1.5 Hours

Drills, games and play designed to develop the skills of the intermediate player. Players will work on technique, positioning, shot selection and strategy with a pro.

Cost: \$20/Members, \$40/Guests

Monthly DUPR Match Play Event - MLP Style Matches

REGISTRATION

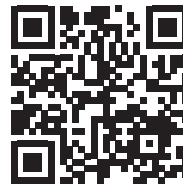
Members and Resort Guests may register online through your Club Automation account or call the Health Club Desk at 231-534-6770.

Guests are required to register using Club Automation, Scan the QR below or call 231-534-6770 to put a credit card on file.

*24-hour cancellation policy. Class fee charged in full for cancellations inside 24-hours.

Clinics must have 4 players, 24-hours ahead of time to run.

SCAN



TO REGISTER



ADULT TENNIS & PICKLEBALL SCHEDULE

SEPTEMBER 8, 2025 - JUNE 7, 2026

MONDAY

9:30am-11am | Adult Intermediate Drills | \$20/Members, \$40/Guests

6pm - 7:30pm | Live Ball Drill | \$15/Members, \$35/Guests

6pm - 7:30pm | Adult Tennis 101/102 | \$20/Members, \$40/Guests

TUESDAY

10am - 11:30am | Live Ball Drill | \$15/Members, \$35/Guests

WEDNESDAY

11am - 12:30pm | Adult Intermediate Pickleball Drill | \$20 Members, \$40/Guests

6pm - 8pm | Top Gun Doubles League | \$15/Members, \$30/Guests

THURSDAY

9:30am - 11am | Live Ball Drill | \$15/Members, \$35/Guests

FRIDAY

9:30am - 11am | Adult Intermediate Drills | \$20/Members, \$40/Guests

10am - 11:30am | Adult Intermediate Pickleball Drills | \$20/Members, \$40/Guests

11am - 1pm | Adult Advanced Drills | \$30/Members, \$50/Guests

SATURDAY

9am-10:30am | Cardio Tennis | \$15/Members, \$35/Guests

SUNDAY

9am - 10:30am | Adult Intermediate Drills | \$20/Members, \$40/Guests

Register online by scanning the QR Code. Guests may create their own account. Members needing to set up an account please contact George Lowe, 231-534-6776, george.lowe@gtresort.com

*24-hour cancellation policy. Class fee charged in full for cancellations inside 24- hours. Clinics must have 3 players, 24-hours ahead of time to run, Open Plays must have 4 players 24 hours in advance to run.