

## PRIVATE LESSONS

All private lesson pricing is for one hour

### Adult Private Lessons

\$65/Member, \$85/Guest

### Adult Punch Card (5 lessons)

\$275/Member, \$375/Guest

can be used for private and semi-private lessons only.

Lessons expire 180 days from the date of purchase.

### Adult Semi-Private Lesson (2 players)

\$32.50/Member, \$42.50/Guest

### Adult 3 and Me

\$23/Member, \$38/Guest

### Adult 4 and Me

\$17/Member, \$32/Guest

### Adult 5+ and Me

\$15/Member, \$30/Guest

## TENNIS DRILL PUNCH CARDS

Save money and gain flexibility with our adult drill punch cards. Save on daily registration fees when you purchase a 12 pack of drills that are good for a whole year! No need to find a sub or make up a drill that you've already paid for. Just come when you can! Registration prior to attending is still required when using punch cards.

### Two Hour Adult Tennis Drill Punch Cards

12 pack - \$300/Member, \$540/Guest - Save \$60!

### 1.5 Hour Adult Tennis Drill Punch Cards

12 pack - \$180/Member, \$420/Guest - Save \$60!

\*Punch cards are good for 180 days from purchase date.

## STRING & GRIP PRICING

### WILSON

Champions Choice - \$80

Luxilon 4G \$40

Luxilon Big Banger ALU Power \$40

Lux Savage \$40

NXT 16 and 17 Gauge \$40

Lux/NXT Hybrid \$40

Lux/Sensation Hybrid \$38

Lux/Syn Gut Hybrid \$35

Revolve Spin \$35

Sensation 16 Gauge \$35

Synthetic Gut 16 Gauge \$30

### BRING YOUR OWN STRING \$20

### GRIPS

Replacement Grip \$8

Overgrip \$3

For more information stop by the Health Club Desk or call Lisa at 231-534-6786.

**NO  
TRUER  
NORTH**  
GRAND TRAVERSE  
RESORT AND SPA

grandtraverseresort.com

100 Grand Traverse Village Boulevard | Acme, MI 49610

Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians

# PLAY

EVERY DAY, EVERY WAY.



SUMMER 2026

**ADULT TENNIS  
AND PICKLEBALL**

## ADULT PROGRAMS

### Cardio Tennis

1.5 Hours | \$15/Member \$35/Guest  
Heart pumping fitness with a tennis racquet in your hand. Great for all ages and ability levels!

### Live Ball Tennis Drill

1.5 Hours | \$15/Member \$35/Guest  
Live Ball is a pro fed game that is doubles tennis without the serve. Players will earn points throughout the 1.5 hours and will be crowned "Live Ball Champs of the Week" at the end of play. Clinic must have 4 players to run (Offense/Defense style will be used) and has a 7 player per court maximum. Players rated NTRP 3.0 and above are welcome to register.

### Intermediate Tennis Drill

\$20/Member \$40/Guest  
Doubles drills with a focus on technique, positioning, shot selection and strategy. Open to all players 3.0 and above. Player to pro ratio is 6:1. Pros feed drills and competitive games based on the number of players and courts available.

### Advanced Tennis Drill

\$30/Member \$50/Guest  
Coach Juan runs this hard hitting, fast paced, high level adult tennis drill for those 4.0+ players looking for a challenge.

### Top Gun Tennis League

\$10/Member \$30/Guest  
The league has a weekly sign up for men and women rated 3.5 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours.

### Play Pickleball With The Pros

\$10/Member \$30/Guest  
Our certified PPR Pickleball Pros join in on the fun to organize play, offer tips and help with rules and scoring.

### Social Doubles Tennis Rotating Play

\$10/Member \$30/Guest  
For players seeking fun, recreational doubles play in a less competitive setting than our Top Gun League. Organized by a certified tennis professional to keep rotations running smoothly and offering tips.

## REGISTRATION

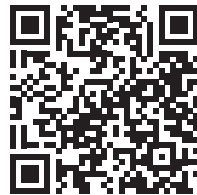
Members can register through the Member Portal (see Member Portal QR code, you will need your log in and password) or call the desk at 231-534-6770

Resort Guests and Local Guests can register online through the Grand Traverse Resort and Spa website (see QR code for Guest Registration) or call the desk at 231-534-6770. All guests are required to have a credit card on file to participate in GTRS Tennis and Pickleball programming.

\*24-hour cancellation policy. Class fee charged in full for cancellations inside 24-hours.

Clinics and Leagues must have 3 players, 24-hours ahead of time to run.

SCAN FOR  
MEMBER PORTAL



SCAN FOR  
GUEST BOOKING



## ADULT TENNIS & PICKLEBALL SCHEDULE

JUNE 15 - SEPTEMBER 6

### MONDAY

11:00am-1:00pm | Play Pickleball With The Pro! | \$10/Member, \$30/Guest

6:00pm - 7:30pm | Live Tennis Ball Drill | \$20/Member, \$40/Guest

### TUESDAY

10:00am - 11:30am | Live Ball Tennis Drill | \$20/Member, \$40/Guest

### WEDNESDAY

9:00am - 11:00am | Advanced Tennis Drills | \$30/Member, \$50/Guest

6:00pm - 8:00pm | Top Gun Doubles Tennis League NTRP 3.5+ (Fast Four Scoring League) | \$10/Member, \$30/Guest

### THURSDAY

9:00am - 11:00am | Social Doubles Tennis Rotating Play | \$10/Member, \$30/Guest

6:00pm - 8:00pm | Mixed Doubles Tennis League | Contact Lisa Seymour

### FRIDAY

9:00am-11:00am | Intermediate Tennis Drills | \$30/Member, \$50/Guest

11:00am - 1:00pm | Advanced Tennis Drills | \$30/Member, \$50/Guest

### SATURDAY

9:00am - 10:30am | Cardio Tennis | \$20/Member, \$40/Guest

11:00am - 1:00pm | Play Pickleball With The Pro! | \$10/Member, \$30/Guest

### SUNDAY

9:00am - 10:30am | Intermediate Tennis Drills | \$20/Member, \$40/Guest

3:00pm - 5:00pm | Tennis Match Play | \$10/Member, \$30/Guest

**Coed Singles Flex League** - Contact George Lowe - 231-534-6776, george.lowe@gtresort.com

**Mixed Doubles League** - Contact Lisa Seymour - 231-534-6786, lisa.seymour@gtresort.com

**Summer Contract Time** - Contact Lisa Seymour - 231-534-6786, lisa.seymour@gtresort.com

*\*24-hour cancellation policy. Class fee charged in full for cancellations inside 24- hours. Clinics must have 3 players, 24-hours ahead of time to run.*