



THE CLUB

HEALTH COACHING PACKAGES

Package Options:

\$149/1 month | \$299/2 months | \$499/6 months

What the package provides:

- Initial Evaluation and follow up evaluation at the start of each month
- Personalized monthly plan based on your individual goals
- Weekly accountability
- One-hour training session each month (add on options available)
- Access to a private coaching community

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