

# JUNIOR TENNIS SCHEDULE

## MONDAY

**LEVEL 1: RED COURT TENNIS** | 4:30pm-5:30pm • \$84/  
Members, \$144/Guests • Daily: \$15/Members, \$25/Guests

**LEVEL 2: ORANGE COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**LEVEL 3: GREEN COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**LEVEL 4: YELLOW COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**HIGH PERFORMANCE ELITE** | 6:00pm-7:30pm • \$120/  
Members, \$180 Guests, Daily \$20/Members, \$40/Guests

## TUESDAY

**HIGH PERFORMANCE PATHWAY** | 4:30pm-6:00pm • \$120/  
Members, \$180/Guests, Daily \$20/Members, \$40/Guests

**HIGH PERFORMANCE ELITE** | 6:00pm-7:30pm • \$120/  
Members, \$180 Guests, Daily \$20/Members, \$40/Guests

## WEDNESDAY

**LEVEL 1: RED COURT TENNIS** | 4:30pm-5:30pm • \$84/  
Members, \$144/Guests • Daily: \$15/Members, \$25/Guests

**LEVEL 2: ORANGE COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**LEVEL 3: GREEN COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**LEVEL 4: YELLOW COURT TENNIS** | 4:30pm-6pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**HIGH PERFORMANCE ELITE** | 6:00pm-7:30pm • \$120/  
Members, \$180 Guests, Daily \$20/Members, \$40/Guests

## THURSDAY

**HIGH PERFORMANCE PATHWAY** | 4:30pm-6:00pm • \$120/  
Members, \$180/Guests, Daily \$20/Members, \$40/Guests

**HIGH PERFORMANCE ELITE** | 6:00pm-7:30pm • \$120/  
Members, \$180 Guests, Daily \$20/Members, \$40/Guests

## SATURDAY

**LEVEL 1: RED COURT TENNIS** | 10:30am-11:30am • \$84/  
Members, \$144/Guests • Daily: \$15/Members, \$25/Guests

**LEVEL 2: ORANGE COURT TENNIS** | 10:30am-12:00pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

**LEVEL 3: GREEN COURT TENNIS** | 10:30am-12:00pm • \$108/  
Members, \$180/Guests • Daily: \$20/Members, \$30/Guests

## CUSTOM RACQUET STRINGING

We offer full service racquet stringing. Bring in your racquet and we will have it ready within 48 hours. Just drop your racquet off at the Health Club Desk, fill out the stringing tag and you are all set!

# PLAY

EVERY DAY, EVERY WAY.



FALL | WINTER | SPRING  
**JUNIOR TENNIS  
PROGRAMS**

## JUNIOR TENNIS PROGRAMS

### LEVEL 1: RED COURT TENNIS

Mondays and/or Wednesdays 4:30pm-5:30pm • Saturdays 10:30am-11:30am • Ages 4-6 • 1 hour of tennis followed up with pizza and swimming (optional: with adult supervision) Shorter courts (36'), shorter racquets (23"), foam balls.

### LEVEL 2: ORANGE COURT TENNIS

Mondays and/or Wednesdays 4:30pm-6pm • Saturdays 10:30am-12pm • Ages 7-9 • A 9 and under "Transition" ball class • 1.5 hours of tennis followed up with pizza and swimming (optional: with adult supervision) 60' court, 25" racquets, 50% compression ball

### LEVEL 3: GREEN COURT TENNIS

Mondays and/or Wednesdays 4:30pm-6pm, Saturdays 10:30am-12pm • A 10 and under "Transition" ball class • Players are comfortable playing singles and doubles • Green ball using 75% compression, full court 1.5 hours of tennis followed up with pizza and swimming (optional: with adult supervision).

### LEVEL 4: YELLOW COURT TENNIS

Monday and/or Wednesdays 4:30pm-6pm • Ages 8-12 (more ability based) • Green and hard ball class • Class for players who have had some match play experience and understand most technical skills. Players should be striving to start playing matches a bit more competitively and start feeling comfortable with them.

### HIGH PERFORMANCE PATHWAY

Tuesdays and Thursdays 4:30pm-6pm • Ages 11-14 • This class is designed for middle school age players who are interested in high school tennis teams and possible a tournament or travel match during the year. Unlike the High Performance Elite class, players are not expected to play tournaments on a regular basis but should be willing to play in local tournaments when scheduled. All phases of the game will be covered including technique, tactics and strategy.

### HIGH PERFORMANCE ELITE

USTA Tournament Player Class • Mondays - Thursdays 6pm-7:30pm • USTA Tournament Players • Class designed for tournament players who are serious about getting a ranking, playing high school tennis. All players MUST be approved by our Head Pro to play in this class. Players are expected to play in tournaments and travel matches. Contact George Lowe at 231-534-6776 for more info.

*Our staff of USPTA and USPTR certified teaching professionals are ready to assist you in choosing the right class for you. From the recreational tennis player to the tournament player, our staff will design a program that will best suit your goals. Call 231-534-6776 or email [george.lowe@gtresort.com](mailto:george.lowe@gtresort.com) for more information.*



## PRIVATE LESSONS

All private lesson pricing is for one hour.

### Head Pros: Juan and Cam

#### 1 Hour Private Lesson

\$70/Members • \$90/Guests  
\$55/Junior Members • \$75/Junior Guests

#### Lesson Series (5, one hour lessons)

Junior Members \$300  
Junior Guests \$400  
Adult Members \$275  
Adult Guests \$375

### Staff Pros: George, Lisa, Johnny and Cliff

#### 1 Hour Private Lesson

\$55/Members • \$75/Guests  
\$55/Junior Members • \$75/Junior Guests

#### Lesson Series (5, one hour lessons)

Junior Members \$225  
Junior Guests \$325

## JUNIOR TENNIS SESSION DATES

Fall 1: September 14-October 25

Fall 2: October 26-December 6

Winter 1: December 7-January 31  
(off December 21-January 3)

Winter 2: February 1-March 14

Spring 1: March 15-May 2 (off March 29-April 4)

Spring 2: May 3-June 13

