

# TRAINING



## THE CLUB

Would you like to have personalized workouts that are designed just for your needs? Do you have a hard time staying on track with working out and need accountability? You could benefit from hiring a personal trainer! We will find a trainer who can work with your schedule and get you on track.

Check out our packages and find the best fit for you:

3 sessions for \$145\*

6 sessions for \$275\*

10 sessions for \$425\*

16 sessions for \$650\*

*\*must use within 6 months of purchase.*

Call the Health Club Desk at 231-534-6770 for more information.

COVID-19 SAFETY  
MEASURES IN PLACE

