



Spa

grand traverse

Winter Menu

Warming Stress Relief Wrap | 40 minutes \$69

Warmed oil is massaged into the body relaxing the muscles. A layer of warm linen is wrapped around the body to allow for ultimate relaxation and opening of pores to detoxify the body. A soothing scalp massage is performed while you are cocooned allowing the body to completely unwind.

Warm Oil Relaxation Massage | 40 minutes \$69

Classic Swedish massage techniques come together with warmed oil to create the ultimate relaxation experience. The combination of gentle flowing strokes and gentle tissue release help you achieve a mind/body balance, leaving you refreshed and relaxed. Light to medium pressure.

Essential Fitness Facial | 40 minutes \$69

Deep exfoliation will improve texture and promote clarity. A touch of rose quartz will soothe stress and promote positive energy.

Wellness Inspired Mani & Pedi Combo | 70 minutes \$70

Maintenance of the nail with great focus on cuticles and smoothing calluses. A soothing lotion application to relieve stress and hydrate skin. Fortify nails with a finishing buff for longer lasting shine.

Replenishing Blowout | \$40

A classic shampoo/ blow dry with a deep conditioning treatment to restore moisture and protect the hair from split ends.

** No other discounts apply. Valid Sunday-Thursdays only. Gratuity is not included. Expires February 28, 2021.*